# THE WASHINGTONAN

#### Reading with our Parents



On Thursday, March 6th, students and parents had the opportunity to eat breakfast together and read a book! It was fun having our parents visit the media center and read!

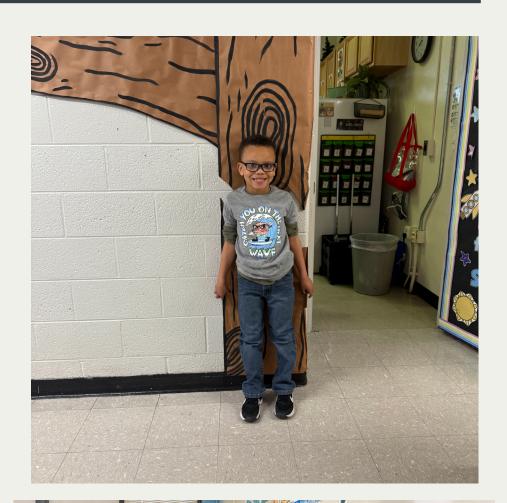




"Donut Stop Reading"



Students wore shirts with their favorite food on it to encourage them to "donut stop reading".





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### Wellness Rally





On Friday, we had a Wellness Rally for different pathways to present. The tumbling pathway had a great performance with backflips and cartwheels. The drumfit pathway performed a song with movement and drumming. We had games for nutrition and eco explorers. The communications pathway really enjoyed getting to display video footage on the big screen using the selfie stick.

#### Morning

#### Movement

We asked students what they love doing during morning movement.



Sarai in kindergarten favorite exercise is doing the weights. Nahida in third grade likes to do the hula hoop because it helps her shake out her wiggles. Teriyah in third grade likes to do the heads, shoulders, knees, cup because it is fun.

# Teacher Interview Ms. Dark



## What is your favorite shoe brand?

I do not have a favorite brand, but I like anything that looks good and stylish. That could be Nikes or New Balances!

# What do you like about morning movement?

I like that I get to work along side of my students on my fitness goals.